OVERcoming Anxiety (and Stress)

Philippians 3:12-14 (NLT)

I don't mean to say that I have already achieved these things or that I have already reached perfection. But I press on to possess that perfection for which Christ Jesus first possessed me. ¹³ No, dear brothers and sisters, I have not achieved it, but I focus on this one thing: Forgetting the past and looking forward to what lies ahead, ¹⁴ I press on to reach the end of the race and receive the heavenly prize for which God, through Christ Jesus, is calling us.

FOCUS ON THIS ONE THING.

1. Reaching the end and receiving the prize.

How?

- · Forget the past.
- Look forward.
- Press on.

Prayer or Needs | For prayer needs, or questions... during the week, Contact Pastor Rod: 808-216-5493 (text, call)

> **Giving | Offerings** can be given on our website, <u>www.newhopemanoa.tv</u> (DONATE button) or the Offering Basket (onsite).

JUNE SCHEDULE

Sunday services in June will be at Bakken Auditorium | Mid Pac

www.newhopemanoa.tv

Check for updates on our website and/or Facebook/Instagram pages.

Aloha Memorial Weekend!

Sunday, May 25, 2025

Thank You, Godhead, for the blessings we enjoy in this country—made possible by the many lives sacrificed for our freedom.



"All the ends of the earth shall remember and turn to the LORD, and all the families of the nations shall worship before you. 28 For kingship belongs to the LORD, and he rules over the nations."

Psalm 22:27-28 ESV



For the LORD Most High is awesome. He is the great King of all the earth.

Psalm 47:2 NLT

WHO YOU SAY I AM

Who am I that the highest King, would welcome me I was lost but He brought me in Oh His love for me, Oh His love for me

Chorus

Who the Son sets free, Oh is free indeed I'm a child of God. Yes I am

Verse 2 Free at last He has ransomed me, His grace runs deep While I was a slave to sin, Jesus died for me, Yes He died for me

Chorus Who the Son sets free, Oh is free indeed I'm a child of God, Yes I am In my Father's house, There's a place for me I'm a child of God

> Bridge I am chosen. Not forsaken I am who You say I am You are for me, Not against me I am who You say I am,

> > I am who You say I am

GOODNESS OF GOD

I love you, Lord, for your mercy never fails me All my days, I've been held in your hands From the moment that I wake up, till I lay my head I will sing of the goodness of God

Chorus *

All my life you have been faithful All my life you have been so so good With every breath that I am able I will sing of the goodness of God

Verse 2

I love your voice. You have led me through the fire In darkest night, You are close like no other I've known you as a father, I've known you as a friend I have lived in the goodness of God

Chorus *

Bridge Your goodness is running after, It's running after me Your goodness is running after, It's running after me With my life laid down I'm surrendered now I give you everything Your goodness is running after, It's running after me

Chorus *