

**Small group gatherings at  
Rod & Beckie's home in Kaimuki**


**5 Wednesday evenings**  
7 PM - 8:30 PM  
Begins August 27  
September 3, 10, 17, 24

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\* For those who can't attend the evening group,  
I'll be offering two overview sessions:  
- 1st and 3rd Friday mornings  
- 10:00 AM - 11:30 AM  
- September 5 & 19

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All Word and no Spirit, we dry up;  
all Spirit and no Word, we blow up;  
all Word and Spirit, we grow up.




David Watson



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Praying Psalm 119 through  
Lectio Divina

Brennan Takayama



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Lectio Divina  
“Divine reading”



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## Lectio Divina

A traditional Christian practice of scriptural reading and prayer focused on listening for God's voice. It involves a slow, meditative reading of a Bible passage and engaging with it through four movements. This practice aims to deepen one's relationship with God and foster a more profound understanding of scripture.



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## Lectio Divina

- 1) **READ:** Just hear the Word
- 2) **LISTEN** for a word or phrase
- 3) **HEAR** the passage through the word or phrase
- 4) **ASK GOD:** What are you speaking to me?



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## **READ:** Just hear the Word

“Teach me knowledge and good judgment, for I trust your commands. Before I was afflicted I went astray, but now I obey your word. You are good, and what you do is good; teach me your decrees.”

- Psalm 119:66-68



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## **LISTEN** for a word or phrase

“Teach me knowledge and good judgment, for I trust your commands. Before I was afflicted I went astray, but now I obey your word. You are good, and what you do is good; teach me your decrees.”

- Psalm 119:66-68



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## HEAR the passage through the word or phrase

“Teach me knowledge and good judgment, for I trust your commands. Before I was afflicted I went astray, but now I obey your word. You are good, and what you do is good; teach me your decrees.”

- Psalm 119:66-68



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## ASK GOD: What are you speaking to me?

“Teach me knowledge and good judgment, for I trust your commands. Before I was afflicted I went astray, but now I obey your word. You are good, and what you do is good; teach me your decrees.”

- Psalm 119:66-68



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## Discuss in groups of 2-3:

*What might you have heard God speak to you through this passage?*



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## Psalm 119

- God's Word is good
- We can trust God's teachings
- God speaks to us!



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